# REAL TIME PCR 

## USING SYBR GREEN



## THE PROBLEM

- NEED TO QUANTITATE DIFFERENCES IN mRNA EXPRESSION
- SMALL AMOUNTS OF mRNA
- LASER CAPTURE
- SMALL AMOUNTS OF TISSUE
- PRIMARY CELLS
- PRECIOUS REAGENTS


## THE PROBLEM

- QUANTITATION OF mRNA
- northern blotting
- ribonuclease protection assay
- in situ hybridization
- PCR
- most sensitive
- can discriminate closely related mRNAs
- technically simple
- but difficult to get truly quantitative results using conventional PCR

NORTHERN
Corrected fold increase $=10 / 2=5$

Ratio target gene in experimental/control = fold change in target gene fold change in reference gene

## Standards

- same copy number in all cells
- expressed in all cells
- medium copy number advantageous
- correction more accurate


## Standards

- The perfect standard does not exist


## Standards

- Commonly used standards
- Glyceraldehyde-3-phosphate dehydrogenase mRNA
- Beta-actin mRNA
- MHC I (major histocompatability complex I) mRNA
- Cyclophilin mRNA
- mRNAs for certain ribosomal proteins
- E.g. RPLP0 (ribosomal protein, large, P0; also known as 36B4, P0, L10E, RPPO, PRLP0, 60S acidic ribosomal protein P0, ribosomal protein L10, Arbp or acidic ribosomal phosphoprotein P0)
- 28 S or 18 S rRNA

| CYCLE NUMBER | AMOUNT OF DNA |
| ---: | ---: |
| 1 | 1 |
| 2 | 2 |
| 3 | 4 |
| 4 | 8 |
| 5 | 16 |
| 6 | 32 |
| 7 | 64 |
| 8 | 128 |
| 9 | 256 |
| 10 | 512 |
| 11 | 1,024 |
| 12 | 2,048 |
| 13 | 4,096 |
| 14 | 8,192 |
| 15 | 16,384 |
| 16 | 32,768 |
| 17 | 65,536 |
| 18 | 131,072 |
| 19 | 262,144 |
| 20 | 524,288 |
| 21 | $1,048,576$ |
| 22 | $2,097,152$ |
| 23 | $4,194,304$ |
| 24 | $8,388,608$ |
| 25 | $16,777,216$ |
| 26 | $33,554,432$ |
| 27 | $67,108,864$ |
| 28 | $134,217,728$ |
| 29 | $268,435,456$ |
| 30 | $536,870,912$ |
| $1,073,741,824$ |  |


| CYCLE NUMBER | AMOUNT OF DNA |
| ---: | ---: |
| 0 | 1 |
| 1 | 2 |
| 2 | 4 |
| 3 | 8 |
| 4 | 16 |
| 5 | 32 |
| 6 | 64 |
| 7 | 128 |
| 8 | 256 |
| 9 | 512 |
| 10 | 1,024 |
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| 24 | $16,777,216$ |
| 25 | $3,55,432$ |
| 26 | $6,108,864$ |
| 27 | $134,21,728$ |
| 28 | $268,435,456$ |
| 29 | $536,870,912$ |
| 30 | $1,073,741,824$ |
| 31 | $1,400,000,000$ |
| 32 | $1,500,000,000$ |
| 33 | $1,550,000,000$ |
| 34 | $1,580,000,000$ |




Linear ~20 to ~1500


## Linear ~20 to ~1500



## REAL TIME PCR

- kinetic approach
- early stages
- while still linear





## 1. halogen tungsten lamp <br> 2a. excitation filters

## 20

2b. emission filters

3. intensifier
5. ccd detector 350,000 pixels
4. sample plate

Fig. 1.2. Representation of Optical Detection System layout.

```
PGR Base Line Subtracted RFU
    16000
    0246 8101214161820222426283032343630404244
                                    Cycle
```


## SERIES OF 10-FOLD DILUTIONS



Temperature, Celsius


Melt Peak: Data 10-Mar-03 1259 ediopd


SERIES OF 10-FOLD DILUTIONS


SERIES OF 10-FOLD DILUTIONS



Correlation Coefficient: 0.999 Slope: -3.488 Intercept: $39.204 \mathrm{Y}=-3.488 \mathrm{X}+39.204$

- Unknowns
- Standards


PCR Standard Curve: Data 27-Jan-03 1233ileff.opd

## STANDARD CURVE METHOD



PCR Standard Curve: Data 27-Jan-03 1233ileff.opd


## Standard curve method



## NORTHERN



## fold change in target gene= copy number experimental copy number control



## Real time pcr - week 1

- Two different series of diluted DNAs to do standard curve plus two unknowns
- RPLPO (ribosomal protein, reference gene)
- alpha-5 integrin
- Get standard curve and efficiency RPLP0 and alpha5 integrin
- Determine ratio of RPLP0 and alpha-5 integrin in two unknowns (cDNA 1 and cDNA 2)
- Determine melting temperature RPLP0 and alpha-5 integrin
- Each person will do either RPLP0 or alpha-5 integrin

Date: protocol:


## NORTHERN



Ratio alpha-5 integrin cDNA2 to cDNA1 = fold change in alpha- 5 integrin fold change in RPLP0

## Importance of controls

- negative control
- checks reagents for contamination


## Importance of cleanliness in PCR

- Contamination is major problem
- Huge amplification contributes to this
- Bacterial vectors contribute to this
- Amplification of ds DNA is more sensitive than that of cDNA


## PFAFFL METHOD

- M.W. Pfaffl, Nucleic Acids Research 2001 29:2002-2007


# EFFECTS OF EFFICIENCY 

| CYCLE | AMOUNT OF DNA AMOUNT OF DNA AMOUNT OF DNA AMOUNT OF DNA |
| :--- | :--- |
|  | $100 \%$ EFFICIENCY $90 \%$ EFFICIENCY $80 \%$ EFFICIENCY |
| $70 \%$ |  |
| EFFICIENCY |  |



## AFTER 1 CYCLE <br> $100 \%=2.00 x$ <br> 90\% = 1.90x <br> $80 \%=1.80 x$ <br> $70 \%=1.70 x$

CYCLE AMOUNT OF DNA AMOUNT OF DNA AMOUNT OF DNA AMOUNT OF DNA 100\% EFFICIENCY 90\% EFFICIENCY 80\% EFFICIENCY 70\% EFFICIENCY

| 0 | 1 | 1 | 1 | 1 |
| :---: | :---: | :---: | :---: | :---: |
| 1 | 2 | 2 | 2 | 2 |
| 2 | 4 | 4 | 3 | 3 |
| 3 | 8 | 7 | 6 | 5 |
| 4 | 16 | 13 | 10 | 8 |
| 5 | 32 | 25 | 19 | 14 |
| 6 | 64 | 47 | 34 | 24 |
| 7 | 128 | 89 | 61 | 41 |
| 8 | 256 | 170 | 110 | 70 |
| 9 | 512 | 323 | 198 | 119 |
| 10 | 1,024 | 613 | 357 | 202 |
| 11 | 2,048 | 1,165 | 643 | 343 |
| 12 | 4,096 | 2,213 | 1,157 | 583 |
| 13 | 8,192 | 4,205 | 2,082 | 990 |
| 14 | 16,384 | 7,990 | 3,748 | 1,684 |
| 15 | 32,768 | 15,181 | 6,747 | 2,862 |
| 16 | 65,536 | 28,844 | 12,144 | 4,866 |
| 17 | 131,072 | 54,804 | 21,859 | 8,272 |
| 18 | 262,144 | 104,127 | 39,346 | 14,063 |
| 19 | 524,288 | 197,842 | 70,824 | 23,907 |
| 20 | 1,048,576 | 375,900 | 127,482 | 40,642 |
| 21 | 2,097,152 | 714,209 | 229,468 | 69,092 |
| 22 | 4,194,304 | 1,356,998 | 413,043 | 117,456 |
| 23 | 8,388,608 | 2,578,296 | 743,477 | 199,676 |
| 24 | 16,777,216 | 4,898,763 | 1,338,259 | 339,449 |
| 25 | 33,554,432 | 9,307,650 | 2,408,866 | 577,063 |
| 26 | 67,108,864 | 17,684,534 | 4,335,959 | 981,007 |
| 27 | 134,217,728 | 33,600,615 | 7,804,726 | 1,667,711 |
| 28 | 268,435,456 | 63,841,168 | 14,048,506 | 2,835,109 |
| 29 | 536,870,912 | 121,298,220 | 25,287,311 | 4,819,686 |
| 30 | 1,073,741,824 | 230,466,618 | 45,517,160 | 8,193,466 |

AFTER 1 CYCLE $100 \%=2.00 x$ 90\% = 1.90x $80 \%=1.80 x$ $70 \%=1.70 x$

## AFTER N CYCLES: <br> fold increase = (efficiency) ${ }^{\mathrm{n}}$





SERIES OF 10-FOLD DILUTIONS

Correlation Coefficient: 0.999 Slope: - 3.488 Intercept: $39.204 \mathrm{Y}=-3.488 \mathrm{X}+39.204$
PCR Efficiency: $93.5 \%$


PCR Standard Curve: Data 27-Jan-03 1233ileff.opd

## QUALITY CONTROL -EFFICIENCY CURVES

- use pcr baseline subtraction (not curve fitting default option) - see next slide
- set the threshold manually to lab standard
- check all melting curves are OK
- check slopes are parallel in log view
- delete samples if multiple dilutions cross line together (usually at dilute end of curve)
- delete samples if can detect amplification at cycle 10 or earlier
- make sure there are 5 or more points
- check correlation coefficient is more than 1.990

Xicycler


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## PFAFFL METHOD

## M.W. Pfaffl, Nucleic Acids Research 2001 29:2002-2007

NORTHERN

ratio $=\frac{\text { fold increase in target gene }}{\text { fold increase in reference gene }}$





AFTER N CYCLES: change $=(\text { efficiency })^{n}$
AFTER N CYCLES: ratio vit/con $=(1.93)^{29.63-18.03}=1.93^{11.60}=2053$


AFTER N CYCLES: change $=(\text { efficiency })^{n}$
AFTER N CYCLES: ratio vit/con $=(1.87)^{19.93-19.80}=1.87^{0.13}=1.08$


AFTER N CYCLES: increase = (efficiency) ${ }^{\text {r }}$
Ratio vit/con $=(1.93)^{29.63-18.03}=1.93^{11.60}=2053$

AFTER N CYCLES: increase $=(\text { efficiency })^{n}$
Ratio vit/con $=(1.87)^{19.93-19.80}=1.87^{0.13}=1.08$
ratio $=\frac{\text { change in IL1-B }}{\text { change in RPLP0 }}=2053 / 1.08=1901$
ratio $=\underline{\left(E_{\text {target }}\right)^{\Delta C t \text { target (control-treated) }}}$
$\left(E_{\text {ref }}\right)^{\Delta C t ~ r e f ~(c o n t r o l-t r e a t e d) ~}$

|  | A | B | [ | D | E | F | G | H | J | K |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 |  | CONTROL RPLP0 | CONTROL <br> TaRGET <br> GENE | TREATED RPLP0 | TREATED target GENE | Ct CONTROL- <br> Ct TREATED <br> FOR TARGET <br> GENE | PFAFFL EQUATION TOP LINE | Ct <br> CONTROL- <br> Ct <br> TREATED <br> FOR RPLPO | PFAFFL EQUATION BOTTOM LINE | RATIO TARGET GENE IN TREATEDICONTROL |
| 2 |  | average Ct | average Ct | average Ct | average Cl |  | (fold change in target gene) |  | (fold change in reference gene) | (corrected for internal standard) |
| 3 |  | 20.87 | 23.73 | 20.57 | 22.13 | 1.60 | 2.88 | 0.30 | 1.22 | 2.4 |
| 4 | EXCEL <br> formula used for the data in row 3 |  |  |  |  | =C-E | =PDWER(1.936,F) | = B-D | =POWER(1.943,H) | =GiJ |
|  |  |  |  |  |  |  |  |  |  |  |

An example of a step-by-step way to set up the calculations for the Pfaffl method in EXCEL.
Row 3, columns B, C, D, and E are the average Ct values from real time. In separate experiments, the average efficiency for the target gene was determined to be 1.936 and for RPLP0 was 1.943

## EFFICIENCY ${ }^{\Delta \Delta C t}$ METHOD

## APPROXIMATION METHOD




1618202224262830323436384

$\Delta \mathrm{Ct}=$ target -ref

$$
\Delta \mathrm{Ct}=9.70
$$



## $\Delta \Delta \mathrm{Ct}=11.40$ for IL1-beta

- $2{ }^{\Delta \Delta \mathrm{Ct}}$ variant: assumes efficiency is $100 \%$ Fold change $=2^{11.40}=2702$
- But our efficiency for IL1-beta is $93 \%$
- Fold change $=1.93^{11.40}=1800$
- Pfaffl equation corrected for RPLP0 efficiency
- Fold change = 1901
 Cycle

SERIAL 10-FOLD DILUTIONS

RED: 83\% efficiency
PURPLE: 93\% efficiency
PCR Amplification vs Cycle: Data 28-Aug-02 1113.opd

## EFFICIENCY <br> METHOD

- assumes
- minimal correction for the standard gene, or
- that standard and target have similar efficiencies
- $2{ }^{\Delta \Delta C t}$ variant assumes efficiencies are both $100 \%$
- approximation method, but need to validate that assumptions are reasonably correct - do dilution curves to check $\Delta$ Cts don't change
- The only extra information needed for the Pfaffl method is the reference gene efficiency, this is probably no more work than validating the approximation method


## Real time pcr - week 2

- Two different cDNAs derived from cells which have undergone control or vitreous treatment
- Do levels of alpha-5 integrin change relative to RPLPO?
- Calculate according to Pfaffl method


## RNA from control RPE cells

RNA from TGF-b treated RPE cells

## cDNA from control RPE

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## OVERVIEW

tissue
$\downarrow$
extract RNA
$\downarrow$
copy into cDNA
(reverse transciptase)
$\downarrow$
do real-time PCR
$\downarrow$
analyze results

## OVERVIEW



## IMPORTANCE OF RNA QUALITY

- Should be free of protein (absorbance 260nm/280nm)
- Should be undegraded (28S/18S ~2:1)
- Should be free of DNA (DNAse treat)
- Should be free of PCR inhibitors
- Purification methods
- Clean-up methods


## OVERVIEW

tissue
$\downarrow$
extract RNA
+
copy into cDNA
(reverse transciptase)
$\downarrow$
do real-time PCR
$\downarrow$
analyze results

# Importance of reverse transcriptase primers 

- Oligo (dt)
- Random hexamer (NNNNNN)
- Specific


## REVERSE TRANSCRIPTION

- adds a bias to the results
- efficiency usually not known


## OVERVIEW

tissue
$\downarrow$
extract RNA
$\downarrow$
copy into cDNA
(reverse transciptase)
do real-time PCR
$\downarrow$
analyze results

## Importance of primers in PCR

- specific
- high efficiency
- no primer-dimers
- Ideally should not give a DNA signal
- cross exon/exon boundary


## EXON 1

INTRON 2
EXON 2
DNA

## EXON 1

EXON 2
RNA

## How are you going to measure the PCR product

- Directly
- Sybr green
- Quality of primers critical
- Indirectly
- In addition to primers, add a fluorescently labeled hybridization probe
- Many different approaches to this, see Bustin J.Mol.Endocrinol. (2000) 25:169


## Importance of controls

- negative control (no DNA)
- checks reagents for contamination
- no reverse transcriptase control
- detects if signal from contaminating DNA
- positive control
- checks that reagents and primers work
- especially importance if trying to show absence of expression of a gene


## Standards

- same copy number in all cells
- expressed in all cells
- medium copy number advantageous
- correction more accurate
- reasonably large intron
- no pseudogene
- no alternate splicing in region you want to PCR


## RNA from control RPE cells

RNA from TGF-b treated RPE cells

## cDNA from control RPE

五

RNA from control RPE cells

## cDNA from control RPE

No RT for control RPE (to see if any genomic DNA signal )

RNA from TGF-b treated RPE cells

cDNA from TGF-b treated RPE cells

No RT for TGF-b treated RPE
(to see if any genomic DNA signal)
? Is there any change in a5-integrin expression ?

## THE REVERSE TRANSCRIPTION REACTIONS HAVE BEEN DONE FOR YOU

- reactions done as 20 ul reactions with oligo (dT) as primer and 1 ug total RNA
- reactions done under oil
- reactions were incubated 1 hr 37 C , then diluted to 150 ul with water, and incubated in a boiling water bath for 10 mins
- You will use 5uL of this diluted cDNA in your reactions

Date: protocol:


## SPECIAL THANKS TO

- Dr. Joyce Nair-Menon and Lei Li for the use of their real-time PCR results
- Anyone who has ever discussed their realtime PCR results with me
- NEI - EY12711 for the money

